



Marina Pessler MA, LPC, NCC
Professional Disclosure Statement

As your counselor, I firmly believe in you as a unique person in possession of your own strength and power to heal yourself. I am committed to helping and supporting you find and utilize your own resources within yourself and your social support network. It is important to me, as a crucial aspect of therapy, to establish a relationship with you based on respect, trust and admiration for your individuality and personal strengths, independently of the circumstances that bring you to counseling.

I am open to help you in general adjustments to life changes and crises, grief and bereavement, and interpersonal relationships issues. My areas of expertise include parenting, postpartum adjustments and mood disorders, couples therapy, domestic violence and post-traumatic stress. In situations outside my specific area of expertise, I may, with your permission, consult with a specialist or refer you to another professional to better serve your needs. My theoretical orientation is integrative of client-centered, brief solution focused, cognitive-behavioral, and psychodynamic approaches.

I am a board certified Licensed Professional Counselor (LPC) having graduated from Siena Heights University with a Master degree in Community Counseling. As a member of the American Counseling Association, I adhere to its Code of Ethics.

A fee of one hundred dollars is charged for a fifty minute counseling session. My license to practice is regulated by the State of Michigan. In the event of your need as a client to file a complaint regarding my counseling services, it can be directed to:

*Michigan Department of Community Health
Health Regulatory Division- P.O. Box 30670 – Lansing, MI 48909- (517) 373-9196*

I am glad you chose me as your counselor and am looking forward to a productive and caring therapeutic relationship.

Marina Pessler MA, LPC, NCC
License # 6401010147
Lifestart Counseling, PLLC – 37875 W.12 Mile Rd. Farmington Hills, MI48331
(248) 956- 0112